

## Staff Wellness Program – Potential Partners

The following is a list of potential resources for your wellness program. You and your colleagues may be able to think of additional resources not listed here.

### Personnel

School personnel may be able to put their specific knowledge to use for the program.

- Principal
- School Nurse
- School Coaches
- School Health Teachers
- School Physical Educators
- School Food Service Workers
- District Nutritionist or Dietician

### Community Partners

Community partners will often have experts willing to visit your school to provide materials and/or share knowledge with school employees.

- American Cancer Society ([www.cancer.org](http://www.cancer.org))
- American Diabetes Association ([www.ada.org](http://www.ada.org))
- American Dietetic Association ([www.eatright.org](http://www.eatright.org))
- American Heart Association ([www.heart.org](http://www.heart.org))
- American Lung Association ([www.lungusa.org](http://www.lungusa.org))
- American Red Cross ([www.redcross.org](http://www.redcross.org))
- Certified Personal Trainers
- Commercial/Community Fitness Centers
- Community Service Associations
- The Cooper Institute ([www.cooperinstitute.org](http://www.cooperinstitute.org))
- Local Chiropractor or Sports Medicine Doctor
- Local Fire Department
- Local Hospital
- Local Police
- Local Vitamin/Supplement/Nutrition retailer
- Nurses Association
- United Way ([www.liveunited.org](http://www.liveunited.org))
- YMCA ([www.ymca.net](http://www.ymca.net))
- YWCA ([www.ywca.org](http://www.ywca.org))