

School Health Advisory Committee

Listed below are resources to help create a School Health Advisory Committee (SHAC) at your school.

<u>Texas School Health Advisory Committee (TSHAC) Resource Page</u>

- Compiled by the TSHAC, the resources section provides the most authoritative information, best practices, technical support, references, research and legislative outcomes currently available to support school leaders in their efforts to promote and practice health education and health services within the school setting.
 - o https://www.dshs.state.tx.us/schoolhealth/shadviseresources.shtm

Create a School Healthy Advisory Council

- Schools should take action to promote a healthy environment for their students, faculty
 and staff. One way to do this is to create a school health advisory council to assess the
 school's health status, make relevant policy recommendations and keep tabs on healthrelated issues. The council should include students, parents, teachers, administrators,
 other school staff and community representatives.
 - o http://www.letsmove.gov/create-school-health-advisory-council

Forming a School Health Team

- This website defines what a school health team is, potential members, and qualities of a successful team.
 - http://www.cdc.gov/healthyyouth/shi/training/10-Resources/docs/Team.pdf

The Reinventing Education Change Toolkit

- Much of the Change Toolkit intentionally focuses on creating a process and structure
 that supports change, rather than on finding a single "right answer" to a question. It will
 help users to think systematically about change and empower them to create a
 dynamic, innovative, energized school or school system. The Change Toolkit is part of
 IBM's Reinventing Education grant program and is available free of charge to anyone
 working in or working to improve K-12 education. All you have to do is register.
 - http://www.unescobkk.org/education/ict/online-resources/databases/ict-ineducation-database/item/article/the-reinventing-education-change-toolkit/
 - http://programs.ccsso.org/content/pdfs/CTQChangeToolkit.ppt