



“Movin’ for Miles” Club Double Days

Double the Fun! Double the Miles!

Parents you have a chance to double your child’s mileage each month! All you have to do is walk with your child. When you and your child walk together, you’ll double the mileage added to your child’s mileage total. This will bring your child closer to achieving their Movin’ for Miles goal. Use the chart below to record your mileage each day. Record your total mileage below the chart and send back to school with your child.

All students will set a goal for the number of miles they would like to walk during the course of the program, which will run between the dates of _____ and _____.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|---------|-----------|----------|--------|
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TOTAL MILES: _____

Special Announcements: _____
