

Alligator Tag

FITNESSGRAM®

Primary Goal:

The student's primary goal of Alligator Tag is to not get tagged by the "alligator hunters" (*taggers*).

Getting Started:

1. Set the designated play area (*define boundaries*).
2. Scatter hula hoops throughout the play area. Consider the class size to determine how many to use.
3. Ask students to find their own personal space within the play area to begin.

Directions:

1. Designate three or four students as "alligator hunters" (*taggers*) – number depends on the size of group.
2. The taggers try to tag the students. If students are tagged they move to the outside of the play area and perform five "Alligator Chomps" (*or other activity*).

What is an Alligator Chomp? The Alligator Chomp is done by fully extending one's arms, one over the other, in front of the body with the palms facing each other. The arms are then moved apart and together to symbolize an alligator's mouth.

3. The hula hoops act as safe zones in the swamp. Only one student is allowed inside the hula hoop. Another student may take their spot by stating, "See you later Alligator." The other student must leave by saying, "In a while crocodile."
4. If you find too many students are standing inside the hoops, continue to take hula hoops away. It adds more excitement to the game.
5. Students cannot return to the hula hoop they just left. They must find a new hula hoop.
6. Students can stand inside the hula hoop until another student takes his/her spot. Pushing or touching is not permitted to get a student to leave a hula hoop.
7. After two minutes, designate new taggers.

Other Ways to Play:

1. Continue taking hula hoops away until you only have two or three remaining.
2. During the holidays, choose different sayings that go with the holiday.
3. Change up the activities when you get tagged.

